



A DEAKIN IDEA



Introduction to Nutritional Psychiatry Workshop Program

When: 19th October 2022
Where: Austria Centre, Vienna
Bruno-Kreisky-Platz 1, 1220 Wien, Austria

9:00-9:10	Dr Tetyana Rocks and Dr Aniko Korosi: Welcome, workshop outline, objectives, and expectations
9:10-9:20	Prof Felice Jacka: Nutritional Psychiatry: opportunities for prevention and treatment across the life course
9:20-9:40	Dr Tetyana Rocks and Megan Pilon: Current practice and case-based group discussion
9:40-10:00	Dr Aniko Korosi: Nutritional Psychiatry: need for evidence base and mechanisms/ Neuroinflammation
10:00-10:20	Dr Francesca Cirulli: Epigenetics
10:20-10:50	Prof John Cryan: Microbiome
10:50-11:00	Break
11:00-11:40	Dr Tetyana Rocks: Current practice (individual/group treatment and integrated models of care)
11:40-12:00	Dr Tetyana Rocks and Megan Pilon: Case studies and group discussion
12:00-13:00	Lunch
13:00-13:20	Dr Wolfgang Marx: Nutraceuticals in psychiatry
13:20-13:40	Dr Tetyana Rocks: Practice issues in assessment and implementation
13:40-14:00	Prof Lousie Dye: ILSI and diet and cognition
14:00-14:20	Prof Janos Rethelyi: Eat2beNice and a psychiatrist's point of view
14:20-14:50	Group discussion and Q&A
14:50-15:00	Closing