
Introduction to Nutritional Psychiatry Workshop Program

When: 19th October 2022
Where: Austria Centre, Vienna
Bruno-Kreisky-Platz 1, 1220 Wien, Austria

9:00-9:10	Dr Tetyana Rocks and Dr Aniko Korosi: Welcome, workshop outline, objectives, and expectations
9:10-9:20	Prof Felice Jacka: Nutritional Psychiatry: opportunities for prevention and treatment across the life course
9:20-9:40	Prof Lousie Dye: ILSI and diet and cognition
9:40-10:00	Dr Aniko Korosi: Nutritional Psychiatry: need for evidence base and mechanisms/ Neuroinflammation
10:00-10:20	Dr Francesca Cirulli: Epigenetics
10:20-10:50	Prof John Cryan: Microbiome
10:50-11:00	Break
11:00-11:30	Dr Wolfgang Marx: Nutraceutical in psychiatry; Lifestyle guidelines for treatment of depression
11:30-11:50	Prof Janos Rethelyi: Eat2beNice and a psychiatrist's point of view
11:50-12:00	Q&A
12:00-13:00	Lunch
13:00-14:20	Dr Tetyana Rocks: Individual/group treatment; Practice issues in assessment and Implementation; Case-based discussion.
14:20-14:50	Group discussion and Q&A
14:50-15:00	Closing